

Cross body Paladin Pouch with Vertical Zipper Pocket

Supplies:

7" #3 zipper (you can use a #4.5 or #5 handbag zipper if you wish and it can be a zipper by the yard as well, it's what I used for my bag)

Two 1" d-rings or triangle rings

Two 1" swivel clips

One 1" slider

Vertical Zipper Pocket for Large Pouch -

For Large - Cut fabric 7-1/2" x 16". You can also use Shape Flex if you'd like, cut it to the same size.

- Mark a "T" on the wrong side, on the 7-1/2" edge of the fabric so you know where the top is. Measure down from the top and draw lines at 8-1/2", 8-3/4" then at 9". Measure in from the right and left hand edge, 1" in; make a mark to join the lines you made previously. You will have created a box with a line in the middle. Then draw a line on each end, inside the box, 1/4" away from the 1" line. Place the pocket, right sides together with the exterior panel. The pocket will be 2-1/4" away from the left hand edge and 1/2" up from the bottom. Pin in place and sew the outer box, back stitching at start and stop.



- Draw a "V" in that small box you created on the end. Using your seam ripper, start cutting where the line in the middle is, just to start a hole, then cut the rest with your scissors. Stop when you reach the "V" then cut on the angle to the corners, careful not to clip your stitches. Pull your fabric through the hole you created and press. I like to trim away any excess fabric from the zipper pocket and if using cork, vinyl or faux leather you can press the opening on the lining side but be very careful not to touch the materials. For cork, vinyl or faux leather, I will place a piece of scrap fabric over the zipper opening and hammer the fabrics to flatten them. I find this helps it

lay flatter when you sew the zipper in. Then using Dritz Wash Away tape or school glue stick (if using glue stick allow it to dry about 10 minutes before you sew) or pin your zipper centered to the hole. Make sure you place your zipper so it zips up towards the top on the panel. Sew around the zipper. Don't forget to make sure the zipper head is in the middle of the box so you don't sew it out of the hole. Trim excess zipper off. Then line up the bottom and sides of the zipper pocket, pin the fabrics together and sew using 1/4" seam allowance.



Vertical Zipper Pocket for Medium Pouch -

Supplies:

7" #3 zipper (you can use a #4.5 or #5 handbag zipper if you wish and it can be a zipper by the yard as well, it's what I used for my bag)

Two 1" d-rings or triangle rings

Two 1" swivel clips

One 1" slider

For Medium - Cut fabric 6" x 13". You can also use Shape Flex if you'd like, cut it to the same size.

- Mark a "T" on the wrong side, on the 6" edge of the fabric so you know where the top is. Measure down from the top and draw lines at 7", 7-1/4" then at 7-1/2". Measure in from the right and left hand edge, 1" in; make a mark to join the lines you made previously. You will have created a box with a line in the middle. Then draw a line on each end, inside the box, 1/4" away from the 1" line. Place the pocket, right sides together with the exterior panel. The pocket will be 1-1/2" away from the left hand edge and 1/2" up from the bottom. Pin in place and sew the outer box, back stitching at start and stop. Draw a "V" in that small box you created on the end. Using your seam ripper, start cutting where the line in the middle is, just to start a hole, then cut the rest with your scissors. Stop when you reach the "V" then cut on the angle to the corners, careful not to clip your stitches. Pull your fabric through the hole you created and press. I like to trim away any excess fabric from the zipper pocket and if using cork, vinyl or faux leather you can press the opening on the lining side but be very careful not to touch the materials. For cork, vinyl or faux leather, I will place a piece of scrap fabric over the zipper opening and hammer the fabrics

to flatten them. I find this helps it lay flatter when you sew the zipper in. Then using Dritz Wash Away tape or school glue stick (if using glue stick allow it to dry about 10 minutes before you sew) or pin your zipper centered to the hole. Make sure you place your zipper so it zips up towards the top on the panel. Sew around the zipper. Don't forget to make sure the zipper head is in the middle of the box so you don't sew it out of the hole. Trim excess zipper off. Then line up and pin fabrics together of the zipper pocket and sew using 1/4" seam allowance.

**NOTE: See pictures above for the large size for reference.

To Create Strap Tabs -

If using cotton - cut two fabrics and two pieces of Shape Flex 4" x 2"

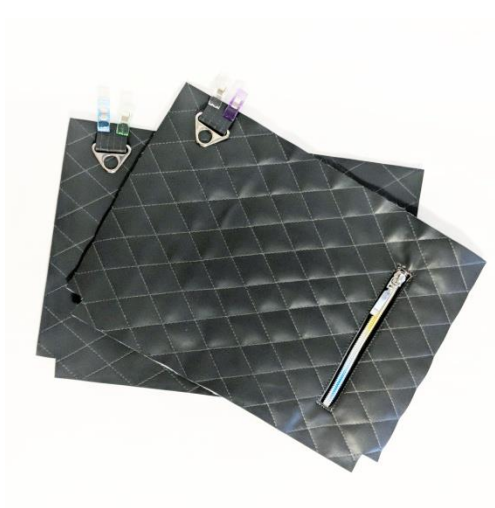
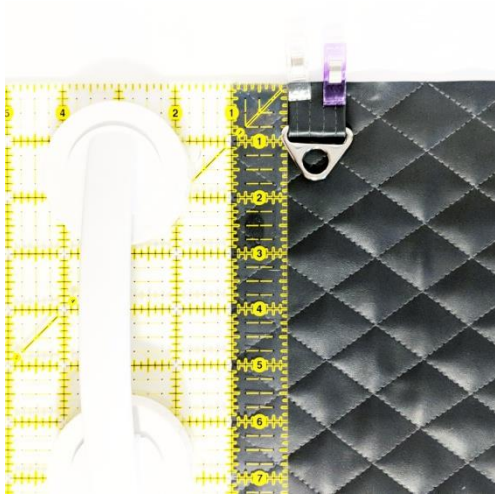
- Fuse the Shape Flex to the fabric. Fold in half, making the short ends meet and press. Open and fold the short ends to meet the center crease and press. The fold in half and press, you will have created what looks like a double fold bias tape. Sew the 2" edges using 1/8" seam allowance. Fold in half to find the center and place the hardware you chose to use at the center mark. Place a pin to hold it together. Repeat for other strap tab.

If using cork, vinyl or faux leather - cut two fabrics 2"x2"

- Make a mark on the center back of material. Place Dritz Wash Away Double Sided Tape on both sides of the line you drew. Fold the long edge to meet the center mark, on each side press it against the Dritz Wash Away Double Sided Tape and place clips to hold in place. You can use a washable glue stick instead of the tape but, allow it to dry at least 10 minutes before sewing. Sew 1/8" away from the raw edges in the center, on both sides. Then sew the edges using 1/8" seam allowance. . Fold in half to find the center and place the hardware you chose to use at the center mark. Place a clip to hold it together. Repeat for other strap tab.

**NOTE: Folding them this way cuts down on the bulk in the seam allowance.

- Place the strap tabs 1" in from the left hand edge on both exterior panels; these will be the panels you're going to attach your zipper to. Baste in place using a 1/8" seam allowance. I like to stitch over the tab a few times for extra security.



- Continue with the pattern as per Sara's instructions. When you're sewing the lining to the exterior with the zipper attached, I like to stitch over the tab area a few times again for extra security.

- When you do the top stitching, move the tab up out of the way so you don't top stitch over it.



- To create the adjustable strap, Sara has this tutorial,
<https://www.youtube.com/watch?v=7okNOWVO02k&t=278s>

- Sara has this tutorial for creating a strap with a buckle,
<https://www.youtube.com/watch?v=K7c4BGo2BAc&t=4s>

Paladin Pouch with Wrist Strap

Supplies:

One 1" d-rings or triangle rings

One 1" swivel clips

*You can use 1/2" hardware but will need to adjust the measurements of the strap tabs and wrist strap to half the width. Everything else will remain the same.

If using cotton - cut one piece of fabric and one piece of Shape Flex 4" x 2"

-Fuse the Shape Flex to the fabric. Fold in half, making the short ends meet and press. Open and fold the short ends to meet the center crease and press. The fold in half and press, you have created what looks like a double fold bias tape. Sew the 2" edges using 1/8" seam allowance. Fold in half to find the center and place the hardware you chose to use at the center mark. Place a pin to hold it together.

If using cork, vinyl or faux leather - cut one piece of fabric 2"x2"

- Make a mark on the center back of material. Place Dritz Wash Away Double Sided Tape on both sides of the line you drew. Fold the long edge to meet the center mark, on each side press it against the Dritz Wash Away Double Sided Tape and place clips to hold in place. You can use a washable glue stick instead of the tape but allow it to dry at least 10 minutes before sewing. Sew 1/8" away from the raw edges in the center, on both sides. Then sew the edges using 1/8" seam allowance. . Fold in half to find the center and place the hardware you chose to use at the center mark. Place a clip to hold it together.

**NOTE: Folding them this way cuts down on the bulk in the seam allowance.

Place the strap tabs 3/4" down from the top on the left hand edge of the exterior front panel, this is the panel you're going to attach your zipper to. Baste in place using a 1/8" seam allowance. I like to stitch over the tab area a few times for extra security.



- Continue with the pattern as per Sara's instructions. When you're sewing the lining to the exterior, I like to stitch over the tab area a few times again for extra security.

- When sewing the zipper to the panels, ensure the hardware is not in the way, so you don't accidentally hit it and break a needle or damage your machine.



- To make the wrist strap Sara has this tutorial; she starts at the 31:15 mark of this video, https://www.youtube.com/watch?v=7TYeBPdtU_0&t=2261s

Helpful Tutorials

Sara has this tutorial for making one long strap for a bag,
<https://www.youtube.com/watch?v=DrWVYXgaOTc&t=2s>

Sara has this tutorial for making double sided straps,
<https://www.youtube.com/watch?v=Mp1Rxc4WIKo&t=3s>

Additional Tips

Tip #1: To prevent nylon zippers from fraying on the ends, I like to heat seal mine. I place a lighter under the zipper tape, don't put the zipper tape into the flame, you just want the heat so it melts the ends of the zipper tape. This prevents the zipper tape from fraying.

Tip #2: You can add a strap tab on the wristlet pouch to the opposite side instead (right hand side). The instructions will be the same just on the right hand side.

Tip #3: You can sew 2 strap tabs, following the instructions for the wristlet, to the pouch except you will sew the strap tabs to the exterior back panel piece. Then you can add a cross body strap to make it a cross body pouch this way. However, I did find that the strap tabs pull the fabrics a bit funny when wearing it. Alternatively, you can wear it as a hip pouch.